

APRIL 2018

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

Tea Time
with R.D. Carolyn
Special guest Jen Hyde

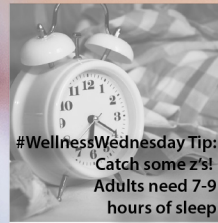
Dining Commons
11:30am-1:30pm

2

Nutrition Fair
Dining Commons
11:30am-1:30pm




3



#WellnessWednesday Tip:
Catch some Z's!
Adults need 7-9
hours of sleep

4



Red Sox Opening Day
Celebration!
Dining Commons
11:30am-2:30pm

5




6

Follow Us on Snapchat!



@FSUDining


7



Know what's for lunch all
week! Download the Bite App
in the App Store or Google Play.

8


Hydration Station
with R.D. Carolyn
Dining Commons
11:30am-1:30pm



9

GREEN
WITH
ENVY

ORGANIC SALADS WITH A TWIST



10



Grumpy's Shore to Please!!
Ram's Den Grille
11am-8pm

11

NATIONAL
GRILLED CHEESE
SANDWICH
DAY

April 12th



12



Watch Dietitian Carolyn's
Bi-Weekly Youtube Series:
Carolyn's Corner!

13




NATIONAL
BLT
MONTH



15

Patriots' Day
NO CLASSES!



16

SHARE THE
moment

Earthday



Contact Dining Services for more details.

17



Look for this symbol to find
Mindful dishes in all
our locations!

18

Earth Day Celebration!
Dining Commons
11:30am-2:30pm



19

myDxt.com
THE DINING CONNECTION

Text Framudining
To 82257
To Join Our
Messaging List!

20

Happy
Earth Day!



22

WICKED
WINGS

ALL WEEK!
Ram's Den Grille
11am-8pm



25

STOP Hunger
Bake Sale
McCarthy Lobby
12pm-2pm



25

Italiano Festa!
with special guest Jen Hyde
Dining Commons
11:30am-2:30pm



26



Check out our
meal exchange
program at Sandella's!
No need to sign up
this year!

27

DISCOVER
NEW FLAVORS
WITH A
MEAL PLAN

28

NATIONAL
Shrimp Scampi Day
APRIL 29TH



29

National
Raisin Day
April 30th



30

www.framingham.edu/dining



Framingham State Dining



@framinghamstatedining
or @carolyns_mindfulmeals



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